

# 'Our Cool Milk scheme'



## FACTFILE

**School:** Heathfield Nursery and Infant School

**National Healthy School Status:** Attained in 2004

**Head teacher:** Miss Becky Underwood

**Joined Cool Milk:** January 2009

**No. of drinkers:** 160

**Why we use Cool Milk:** It's more flexible for parents. They can pay and register using many different methods, and at any time throughout the year.

It's easier for our school. We no longer complete milk administration tasks or create drinking lists.

**We want to shout about:** How our milk drinking numbers have almost doubled since joining Cool Milk!



## 'Our Cool Milk Day'

*Cool Milk*

Our milk is delivered daily by a local dairy, just before John the caretaker opens up in the morning.



After collecting the registers, the two Milk Monitors from each class collect the milk from the milk table. They carefully count the number of cartons they need, which is a great natural application of maths.



We use small plastic baskets to help the children carry their milk, which is kept in the classroom until after playtime. Cool Milk has also provided us with a free fridge, which we use if the weather is warm.



After playtime, the teacher settles the class in a circle and explains the activities for the rest of the day. They use the weekly drinking list provided by Cool Milk, and put it on the wall every Monday to give out milk to pupils.



Milk bridges the long gap until lunch, and provides the essential energy that little ones need. Along with eating a healthy breakfast, walking to school and eating a mid-morning snack, drinking milk also ensures that our pupils are 'ready to learn' – an important ethos in our school.



After enjoying their milk the children carefully put the rubbish in the bin, and are rested, rehydrated and ready to get on with the day.



## Our Top Tips for School Milk

### 1 Tell your parents about school milk as early as possible

We use the Cool Milk September Intake pack to give parents information, and we also include Cool Milk in our prospectus. If a child begins school midway through the year, we always give the parent a Cool Milk leaflet along with other essential school information.

### 2 Provide milk during your pupils' rest time

We have found that the best time for pupils to drink their milk is whilst they are sat down and settled as a group. We fit it into story time, or when we're telling them about the day's activities.

### 3 Involve your pupils

Our pupils love being Milk Monitors, and all aspire to wear the Cool Milk enamel badges! We rotate the position regularly so everyone has a turn. By collecting and counting the cartons, our Milk Monitors gain a real sense of responsibility and independence and it makes the scheme even easier for our teachers!