

# Skegness Infant Academy

## Lincolnshire

Joined Cool Milk: November 2012  
No. on roll: 306



### Sue Roy, Principal says:

January 2016 is the first anniversary of the School Food Plan (DfE) legislation on drinking milk at school. At the Skegness Infant Academy, we believe that the benefits of drinking milk from an early age is vital for our children and worth investing in.

The legislation stipulates **all children in primary school education must be provided with the option of lower fat drinking milk during school hours, any entitled to Benefit Based Free School Meals must also receive this free of charge.**

As the Principal, I wanted to ensure we fully comply with this standard and offer our children the best option for their mid-morning snack. We now provide free milk to every child under the age of five at mid-morning break and provide milk to our Benefit Based Free School Meal children, utilising the pupil premium. These children benefit from an energy boost at mid-morning, refuelling them until lunchtime.

We believe that as part of our 'whole school approach', milk hydrates our children, helping them concentrate as well as receive the long term benefits to their teeth, bones and overall health. As an academy, we are proud to support the health and wellbeing of our children today and help build for their future.



**Children benefit from an energy boost at mid-morning, refuelling them until lunchtime.**

SUE ROY  
PRINCIPAL, SKEGNESS INFANT ACADEMY

### At Skegness Infant Academy...

**204** children enjoy fresh, chilled milk at mid-morning break every day

**106** children benefit from milk paid for by the school - UK average: **11**

